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## TEN TEXPROS LAUNDRY SERVICES

## SOP FOR PREPARING 0.5% SODIUM HYPOCHLORITE SOLUTION

#### Introduction

Dilution is the process of adding a solvent to a solution to reduce the concentration of the solute. Proper dilution ratios are important for safety and to provide better outcome when using a chemical. Over dilution wastes the product and money and it gives poor results i.e. it may fail to decontaminate infectious linen or remove stains completely. While under dilution could cause safety hazards like skin burns or irritations and may damage linen, machines and other surfaces. Recommended precautions by the manufacturer such as dilution ratios, direction for use and right use of PPE should be respected if desired outcome is to be achieved for a specific application.

### **Purpose**

This document provides instructions for the preparation of sodium hypochlorite disinfectant solution to be used in disinfecting soiled and infected linen, worksurfaces, floors, trolleys, washing machines, equipment, and furniture.

#### Scope

This document shall guide laundry staff, housekeepers and ward staff of Ten Texpros when diluting sodium hypochlorite desired for linen processing or when disinfecting other surfaces.

### Responsibility

It shall be the responsibility of linen management supervisor to train and guide staff on proper dilution of Sodium hypochlorite.

It shall be the responsibility of staff to adhere to this guideline when diluting sodium hypochlorite.

Management has the responsibility of providing staff with sodium hypochlorite and desired PPE.

## **MATERIALS REQUIRED**

Reagents	REQUIREMENTS	PPE	
Sodium hypochlorite	<ul> <li>Workplace label</li> <li>Measuring cylinder/Cup of 0.5l</li> <li>20ltr bucket</li> <li>Permanent marker</li> <li>Chemical resistant tape</li> </ul>	<ul> <li>Safety gloves</li> <li>Head cap</li> <li>Mask</li> <li>Overall</li> <li>Apron</li> <li>Gumboots</li> <li>Safety googles</li> </ul>	

# **PROCEDURE**

# I. Dilution Table

% OF CHLORINE	VOLUME	ITEMS TO BE DISINFECTED	DIRECTIONS FOR USE
CONCENTRATION AVAILABLE IN	OF WATER REQUIRED		
DILUTED LIQUID	REQUIRED		
BLEACH			
Desired concentration 0.5%	1 volume of sodium hypochlorit e in 6 volumes of water or as per the manufactur er's guidance.	Soiled and infected linen, worksurfaces, floors, machines, equipment, furniture, cupboards, tote boxes, basins, buckets, brushes and mops.	<ul> <li>Contaminated or soiled linen: Immerse for 1 hour before main wash.</li> <li>Surfaces, machines and furniture: Damp dust with sodium hypochlorite solution and allow to air dry.</li> <li>Floors: Scrub or use a mop system.</li> <li>Equipment including buckets and basins: Decontaminate for 15-20 minutes. Then wash with detergent, rinse with water and let them air dry.</li> </ul>

## II. How to prepare 0.5% Sodium hypochlorite (JIK) solution

STEP	ACTION	RATIONALE
Step 01	Don PPE appropriately according to risk of exposure.	To protect oneself against
		irritations from chemical
		reagents/residues.
Step 02	Obtain a designated, clean and clearly labelled	For preparation and storage
	bucket with a cover.	of sodium hypochlorite
		solution.
Step 03	Measure 3 litres (6 parts) of water using a measuring	Use a permanent marker to
	jag and pour into the bucket.	mark the water level on the
		bucket.
Step 04	Measure and add 0.5 litre of sodium hypochlorite or	Stir well to ensure proper mix
	as per dilution table and stir well to mix. Tightly	and concentration of 0.5%
	cover the bucket.	sodium hypochlorite.
Step 05	Indicate the dates and time of preparation and	The standing time for sodium
	expiration on the bucket.	hypochlorite solution is 24
		hours only.

## A. Storage

Store in air-tight non-metallic containers away from heat, light and humidity in a ventilated area. Sodium hypochlorite solution loses stability with heat and light exposure.

## **B.** Labeling instructions

Make and complete the label bearing the product identifier, date and time prepared, expiry date and time and attach it to the appropriate storage bucket.

### C. Side effects

- i. It irritates eyes causing burns on them.
- ii. It causes severe skin burns, itching and dermatitis (red, cracked skin).
- iii. Ingestion of sodium hypochlorite solution may harm the mouth, throat, oesophagus and other tissues of the digestive system if swallowed.
- iv. Breathing chemical residues or vapor of the solution may irritate the nose, throat, mucous membrane or upper respiratory tract.

#### D. Precautions

- i. Ensure personal safety by using PPE.
- ii. Ensure that the container for sodium hypochlorite solution is closed tightly every after use.

## E. Symbol for hazardous chemicals



### **Procedural Notes**

- Do not use sodium hypochlorite solution in work areas containing ammonia and ammonium salts, amines, strong acids, methanol, peroxides as it may react violently and explosively.
- Chlorine bleach can be corrosive. Protect metal instruments by thoroughly rinsing them with water after soaking for 10 minutes.
- Never place sodium hypochlorite solution in contact with water, acid, fuel, detergents, organic or inflammable materials e.g. food, paper or cigarettes.

## **Conclusion**

Always use a chemical the way it is intended to be used. That is, check labels before using the chemical, wear suggested PPE for protection and dilute the chemical properly according to labels. Adhering to this guide shall always give the best outcome and keep staff safe.

### References

- Standard operating procedures for preparing sodium hypochlorite (chlorine bleach) by Wake Forest university laboratory.
- Material Safety Data Sheet (MSDS) for sodium hypochlorite by Allied Universal Corporation dated 09/06/2007.

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